CONCEPT STATEMENT

White Lotus is a new day spa located in **Manchester, Vermont** that employs a three-fold approach to the **treatment of multiple sclerosis** that creates the foundation for healing.

- **One**, it provides intensive care to individuals in a **peaceful sanctuary**.
- **Two**, it complements the process of personal growth with **rejuvenating experiences**.
- **Three**, it puts the first two tools together to create changes in the body consistent with a **healthy and sustainable environment**.

Together, this treatment protocol is synergistic, creating treatment outcomes that are effective and holistic.

The spa is designed to reflect the concept of **reinvigorate** through qualities of the **lotus flower.** The lotus is a **symbol of hope** and grows out of murky water, petal by petal, into one of the most beautiful flowers. The same way, though multiple sclerosis is incurable, there is no reason for the patients to give up. The spa aims to provide **mental and physical strength** that helps the visitors remain positive to prevent the disease from worsening and better manage their condition. **An environment that can pass on this message to the patients will help them reinvigorate.**

CLIENT IDENTITY

Patrick and Christine have a marriage of 17 years in addition to successful careers in the medical industry. The day spa is in Patrick's hometown **Manchester** where he saw his father suffer with multiple sclerosis. Since his father's death, Pat decided to become a doctor and practiced at a hospital where he met Christine. After 19 years of experience, Pat and Chris have quit their job to start this project.

PATRICK AND CHRISTINE

The couple likes to live in a small community and actively take part in volunteering activities. They love visiting the local orphanage and spend time with the children.

MANCHESTER, VERMONT

Population: 4,258
Manchester is located in north-central Bennington County, lying between the Green Mountains to the east and the Taconic Range to the west.

PATRICK'S INTERESTS

Gardening

Hiking

CHRISTINE'S INTERESTS

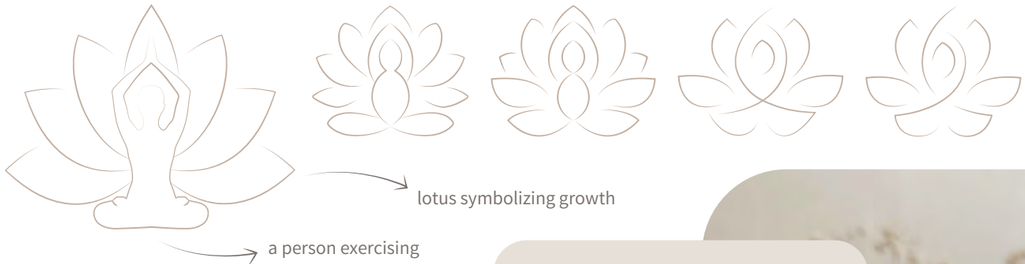
Cooking

Volunteering

WHITE LOTUS
HOLISTIC DAY SPA

LOGO

LOGO DEVELOPMENT



SPOT RENDER FLOOR PLAN

SCALE 1/8" = 1'-0"

TOTAL RESIDENTIAL AREA
939 SQ.FT.

FINISHES

FLOORING

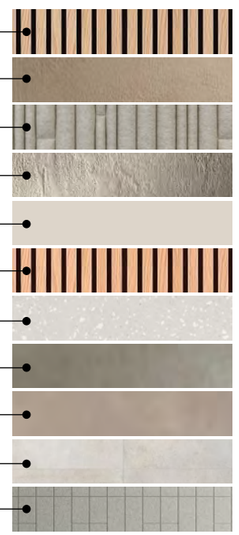
TAG	MANUFACTURER	DESCRIPTION
F1	Tile Bar	ReNew Metalcrete Crest 12mil Wear Layer Glue Down 12x24 Luxury Vinyl Plank Flooring
F2	Tile Bar	Lines Brass Inlay Greige 24x24 Matte Porcelain Tile
F3	Forbo	Linoleum in Marmoleum Decibel construction offering 18dB sound reduction
F4	Tile Bar	ReNew Scarlet Oak Studio 6mil Wear Layer Glue Down 6x48 Luxury Vinyl Plank Flooring
F5	Tile Bar	Swim Summer Bliss 1x1 Glass Mosaic Tile, Polished
F6	Carolina	Rubber Pool Decking
F7	Tile Bar	Rushmore 2CM Rock 24x24 Matte Porcelain Outdoor Paver
F8	Tile Bar	Bronx Argent Silver 12x24 Matte Porcelain Tile
F9	Tile Bar	ReNew Spice Birch Moon 12mil Wear Layer Glue Down 6x48 Luxury Vinyl Plank Flooring
F10	Tile Bar	NewTech Bianco 12x24 Double Loaded Matte Porcelain Tile
F11	Tile Bar	ReNew Scarlet Oak Fawn 12mil Wear Layer Glue Down 6x48 Luxury Vinyl Plank Flooring
F12	Havwoods	Darna Character 190mm Mansion Weave Plank
F13	Tile Bar	Basic Cement Grigio 24x24 Matte Porcelain Tile

COUNTER-TOPS

TAG	MANUFACTURER	DESCRIPTION
C1	Cambria	Sanibel Shoreline
C2	Cambria	Lakedale ™

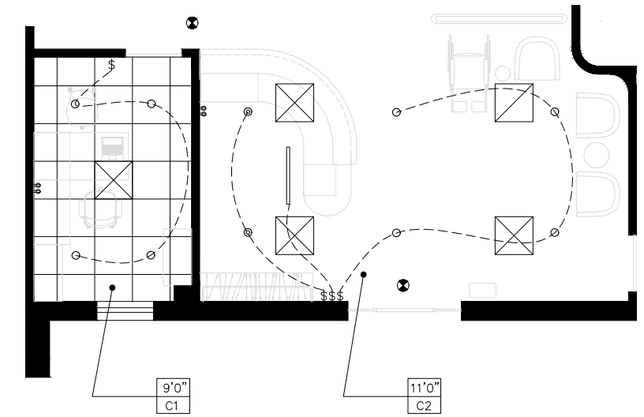
WALLS

TAG	MANUFACTURER	DESCRIPTION
W1	The Wood Veneer Hub	Natural Walnut Acoustic, Slat Wood Wall Panels
W2	JH Wall Paints (Specialty Paint)	Lime Wall Paint 114
W3	Filzfelt	ARO Plank 6 - 100 WoolweiB, sound soaking
W4	JH Wall Paints (Specialty Paint)	Lime Wall Paint 107 + Lime Slurry
W5	Benjamin Moore	Eco Spec Paint - Flat
W6	The Wood Veneer Hub	Natural Oak Acoustic, Slat Wood Wall Panels
W7	Cambria	Sanibel Shoreline
W8	JH Wall Paints (Specialty Paint)	Lime Wall Paint 110
W9	JH Wall Paints (Specialty Paint)	Lime Wall Paint - First coat 114 + Second coat 102
W10	Tile Bar	Bronx Argent Silver 12x24 Matte Porcelain Tile
W11	Filzfelt	Rectangle Block - 100 WoolweiB, sound soaking



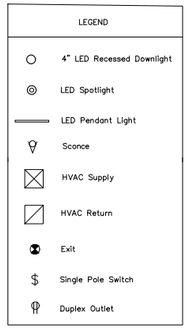
LIGHTING PLAN

SCALE 1/8" = 1'-0"



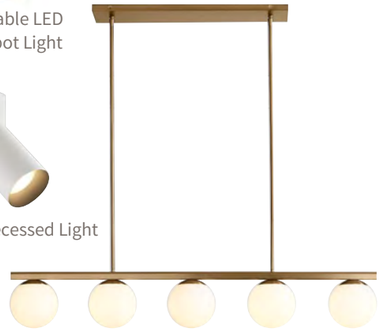
Acoustical Ceiling Tile
ULTIMA Health Zone
AirAssure: 1351

Gypsum Ceiling



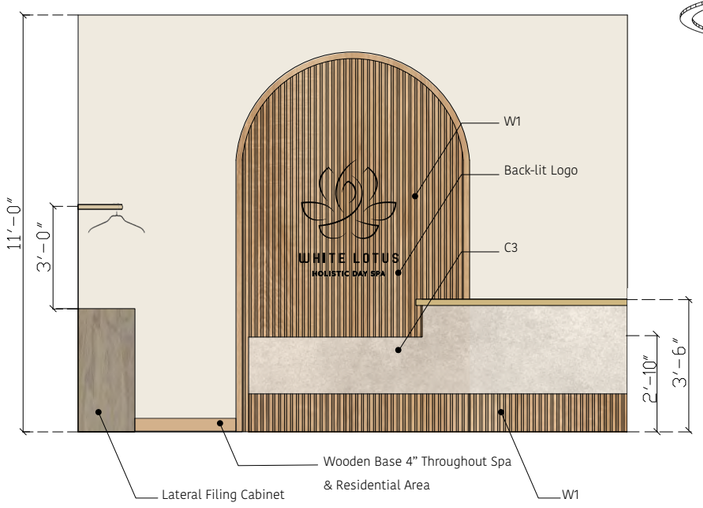
CY1 Adjustable LED
Cylinder Spot Light

Baton Sr Recessed Light



Hayes Linear Chandelier

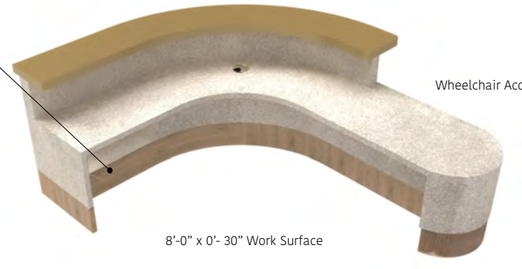
RECEPTION



18' below coats rack and 6' under reception table

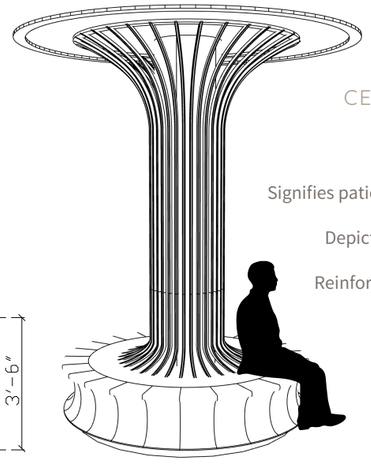
The Wood Veneer Hub
Natural Walnut Acoustic
Slat Wood Wall Panels

Wilsonart
Plastic Laminate



Wheelchair Accessible

8'-0" x 0'- 30" Work Surface



CENTER ATRIUM SEATING

Represents the Lotus

Signifies patients as lotuses in a pond together

Depicts Growth and upward movement

Reinforces the concept of Reinvigoration

Existing column covered by
decorative bench feature.

The neutral warm tones of the area create a welcoming and hospitable environment.

The curves in the design and bends in the walls, automatically bring a sense of flow and energy to a room and are comforting to the eyes.

FURNITURE

LOBBY, RECEPTION, BOOKKEEPER'S OFFICE, CONSULTATION ROOM

TAG	MANUFACTURER	DESCRIPTION	SIZE	QUANTITY
CH1	Steelcase	Kirby Chair : Fully upholstered, cantilevered floating seat, curved barrel-back	31"h x 31" w x 29"d	3
T1	West Elm Contract	Winona Round Pedestal Side Table: Sustainably sourced solid wood	16"diam. x 18"h	1
T2	West Elm Contract	Mid-Century Drink Table : Sustainably sourced solid wood, marble, polished brass	9.5"diam. x 22"h	1
CB1	Knoll	Calibre® : Cabinets with laminate fronts, available 2 & 3 drawer high	36"w x 18"d x 27"- 39"h	3
D1	Magnuson Group	Iflag ; Magazine, literature & graphics display	39"h x 9"d x 17" w	1
CH2	Steelcase	SILQ : responds to the natural movement of your body	25.5" w x 23.5"d x 37.5 - 42" h	1
T3	Knoll	Reff Profiles™ Height : Height Adjustable Peninsulas	60"w x 30" d x 26.5 - 42.25"h	1
CH3	Steelcase	Karman™ : naturally responds to a body's movement, delivering industry leading comfort, ergonomics and sustainability, adjustable seat height	26"w x 26"d x 30.5"–33.6"h	2
CH4	West Elm Contract	Finley Swivel Office Chair : Curved back and adjustable seat for comfort	26.2"diam. x 32.75" - 36"h	1
CB2	Knoll	Calibre® : 5 drawers with laminate fronts	65.5"h x 36"w x 18"d	2
T4	Knoll	Reff Profiles™ Height : Height Adjustable Peninsulas	60"w, 30"d, 26.5 - 42.25"h	1
CH5	Bernhardt Design	Kylo : Matte black powder coated legs, adjustable seat height	27"w x 27"d x 34-37"h	2

LOBBY & RECEPTION

CHI

T1

CH2

CB1

T2

D1

BOOKKEEPER'S OFFICE

CH4

CH3

CB2

T4

CONSULTATION ROOM

CH5

T3

CH3

FURNITURE

MASSAGE ROOM, RESTING AREA, BATHROOM

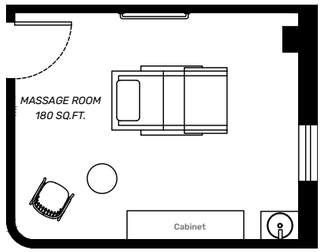
TAG	MANUFACTURER	DESCRIPTION	SIZE	QUANTITY
BD1	C.O.D.E.	Aktice Massage Bed : Invisible electrical components, size customizable	72"l x 48"w x 24 - 33"h	2
CH6	Bernhardt Design	Matinee Chair : Oak with Seat Pad and vintage white finish	21.75w x 21.75d x 31.5h	2
CB3	Steelcase	Monterey Media Console: Crafted from mahogany, adjustable shelves, cord exit holes	74"w x 18.4"d x 32"h	2
T5	Bernhardt Design	Elevation Drum Table : White quartz top and base in oak wood finish	18.75"diam. x 18.25"h	2
CH7	Bernhardt Design	Belmont : Armchair with wood base	34.5"w x 35.75"d x 42.25"h	2
T6	West Elm Contract	Hargrove Buffet : Kiln-dried solid acacia wood, covered in a whitewashed finish	62"w x 17.5"d x 32.5"h	1
B1	West Elm Contract	Miller Bench : Hardwood with Aspen grey finish, Woven cane	50"w x 12"d x 18"h	1
T7	West Elm Contract	Fluted Side Table : Earthenware in a semi-matte glaze	13"diam. x 17.7"h	1
L1	Steelcase	TS Series Storage : Quad Lockers, Electronic locking option	66"h x 24"h x 18"d	4

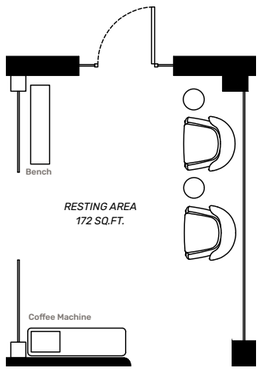
CB3

T5

CH6

BD1





CH7

T7

B1

T6

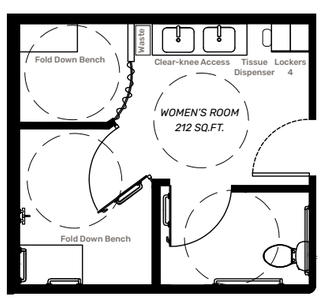
L1

GBS Natural Teak Wood
Rectangular Fold Down Seat

GBS 1-1/2" Diameter Straight
Stainless Steel Grab Bars
Various lengths available

Kohler - Betello™ Comfort Height™
Continuous clean system and
Revolution 360® swirl flushing technology

WS Bath Collections
Cento 3536 Wall Mounted
Vessel Double Bathroom Sink



West Elm
Glass Globe Pendant

MASTERBATH

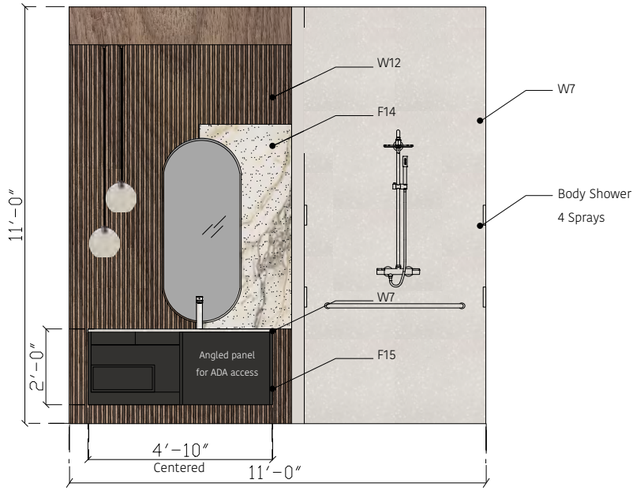
The Wood Veneer Hub
Natural Walnut Acoustic
Slat Wood Wall Panels

Cambria
Sanibel Shoreline

Paradox Calacatta Rustico
Polished Porcelain Tile

PU Paint Finish

SCALE 1/4 " = 1'-0"



EQUIPMENTS

KITCHEN

TAG	MANUFACTURER	DESCRIPTION	SIZE	QUANTITY
EQ1	Kohler	Undertone® : sound-absorption system significantly reduces dishwashing and disposal noise - ADA Compliant	31.5"w x 20.5"d x 9.5"h	1
EQ2	Fisher & Paykel	Double DishDrawer™ - ADA Compliant	34"h x 23.5"w x 22.5"d	1
EQ3	LG	LG STUDIO 26 cu. ft. Smart wi-fi Enabled Side-by-Side Refrigerator - ADA Compliant	27.5"d x 83.5"h x 42"w	1
EQ4	LG	1.2 cu. ft. NeoChef™ Countertop Microwave with Smart Inverter and EasyClean® - ADA Compliant	21.41"w x 12.13"h x 17"d	1
EQ5	LG	4.7 cu. ft. Single Built-In Wall Oven - ADA Compliant	29"w x 29.5"h x 24.5"d	1
EQ6	Frigidaire	Frigidaire 30" Gas Cooktop - ADA Compliant	4.5"h x 30"w x 21"d	1

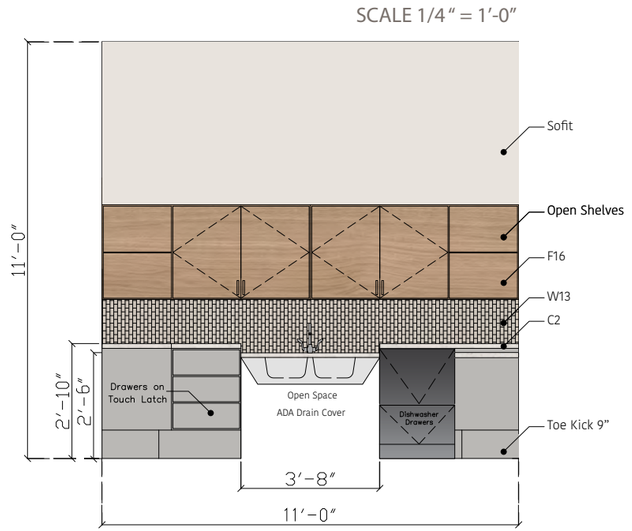
KITCHEN

Brick Urbana Bianco
Matte Porcelain Tile

Terrazzo Italy Sacra
Matte Tile

Maestro
Natural Oak

SCALE 1/4 " = 1'-0"



Varying counter heights of 34", 30" and 42"

LIVING ROOM

FURNITURE

LIVING ROOM, GUEST BEDROOM, MASTER BEDROOM, KITCHEN

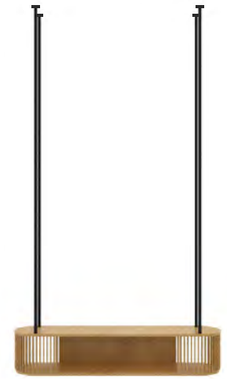
TAG	MANUFACTURER	DESCRIPTION	SIZE	QUANTITY
T8	Lulu & Georgia	Leio Round Coffee Table : made from solid hardwood with a hand-hewn finish	30"diam. x 14.5"h	1
T9	Crate & Barrel	Prost Small Metal Drink Table : Aluminum top and cast-aluminum base	12"w x 12"d x 19.5"h	1
S1	Crate & Barrel	Wells Apartment Sofa with Natural Leg Finish	72"w x 35.5"d x 30"h	1
CH8	West Elm	Erik Upholstered Wing Chair : solid wood legs in a Dark Oak finish	28"w x 30"d x 38"h	2
T10	West Elm	Anton Round Marble Dining Table : Mango wood base	60"diam. x 30"h	1
CH9	West Elm	Mid-Century Upholstered Dining Chair	20.5"w x 24.5"d x 32.5"h	6
CB4	West Elm	Quinn Entry Cabinet : solid mahogany wood frame	27.4"w x 14.3"d x 32.4"h	1
CB5	Crate & Barrel	Casement Black Tall Cabinet	31.54"w x 16.02"d x 82.82"h	1
BD2	Crate & Barrel	Barrett Queen Sleeper : Frame is benchmade with certified sustainable engineered hardwood that's kiln dried to prevent warping	78"w x 36"d x 30"h	1
T11	Crate & Barrel	Rove Nightstand : Reclaimed white cedar and engineered wood	20.5"w x 19.25"D x 25"h	2
CB5	Crate & Barrel	Blake Light Brown Teak and Rattan 2-Door Cabinet	37.25"w x 14.75"d x 64"h	1
T12	Crate & Barrel	Batten Wall-Mounted Desk and 2 Panel Set : wall panel provides the backdrop to attach a wall desk and shelves	47"w x 21.5"d x 86"h	1
CH10	Crate & Barrel	Cermark Office Chair: Nettle wood base with poly-linen performance fabric upholstery	23.25"w x 27"d x 42.5"h	1
BD3	West Elm	Modern Rattan Bed : Solid reclaimed mango wood frame and legs, Rattan headboard and footboard	64"w x 84"d x 46.5"h	1
B2	CB2	Rialto Ivory Storage Bench : Pine, plywood and iron frame, performance fabric that is water and stain-resistant	60"w x 18.5"d x 19.5"h	1
T13	Lulu & Georgia	BROOKE NIGHTSTAND : oak wood bedside table	19"d x 24"h x 24" w	2
T14	CB2	Martini Side Table : Steel top with brushed gunmetal finish, white marble base	17.75" diam. x 18"h	1
CH11	Crate & Barrel	Rivera Leather Recliner: Frame is benchmade with engineered hardwood	28"w x 40.25"d x 43.75"h	1
CH12	West Elm	Modern Petal Counter Stool : Kiln-dried beechwood seat back in dark walnut	19"w x 21"d x 36.75"h	2

LIVING ROOM

GUEST BEDROOM

MASTER BEDROOM

MASTER BEDROOM



Recessed TV Unit

This painting was gifted to Pat and Chris by a girl at the orphanage who is very emotionally attached to the couple.

This handmade ceramic lamp is very precious to Chris as she got it from a flea market in New Jersey which is her home-state and it reminds her of her family.

Various types of wooden finishes used across the commercial and residential space to show the couple's connect with nature.